



# Life Skills

January, February, March

## Life Skills

- Jared Levy
- Eytan Nisinzweig
- Dana Velandar
- David Mott
- Shannon Gudz
- James Burt
- Sean Stuart
- Aaron Klalal
- Matthew Moss
- Lexi Woodruff
- Max Schroeger
- Misa Shimada
- Seth Ritch
- Sarah Fine

- Monthly Madness**
- Build new relationships in the agency and in the community.
  - Continue learning new things.
  - Have the most productive day as possible.
  - Search for new volunteer events for the Spring and Summer months.

## ABOUT OUR PROGRAM

Life Skills has had a very productive few months with much more to come.....

The activities and classes we offer have been successful not only for people who attend Life Skills, but for many other people in the agency. Many young adults from other departments take advantage of our program and we are happy to have them. Life Skills offers a variety of learning opportunities from art to Health/Sex Ed, cooking classes/nutrition, computer/telephone skills, fitness programs, travel training and much more. The uniqueness of our program allows us to fulfill each participants individual needs.

We are on our way in the right direction.....

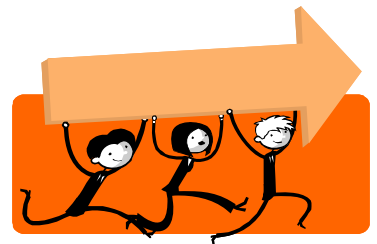
EMPLOYMENT DEVELOPMENT

JOB COACHING

ADULT DAILY LIVING SKILLS

COMMUNITY LIVING SKILLS

INDIVIDUALIZED LIFE SKILL PLAN



## WELCOME NEW STAFF

**Richard Tarantino** comes to us after working many years with Preschoolers. He has a degree in Early Education and is Certified to teach in New York State. Rich is a wonderful addition and has brought many unique ideas to the program.

**Melissa Gai** is a natural in this field. She has a degree in Visual Arts and has worked closely with a family member who has a developmental disability. Melissa's experience has been very beneficial for the people in our program.

**Nadia Gabrieli** worked in the Greenwich Public School system for 10 years in the Special Education Program. She has a degree in Accounting and Foreign Languages. Nadia brings a useful and professional energy to the Life Skills program.

# Java Run

The Java Run was created to promote independence and social relationships while building employment skills. The Life Skills program is proud to be a part of the Java Run on Tuesday's, assisting Seth Ritch and Max Schroeger during the Town Hall run.

Seth and Max do an excellent job and we are hoping to expand the run in the near future. The group is in the process of using telephone and computer skills to find other local businesses who are interested in their services.



## ADVENTURES IN LIFE SKILLS

BRONX ZOO

MOVIES

STAMFORD MUSEUM  
& NATURE CENTER

MARITIME AQUARIUM

BOWLING



YOGA

PEPSICO GARDENS

## "Art from the Heart"

The "Art from The Heart" event coming up in May has given each individual the opportunity to be creative and express themselves through art. They are experiencing that the beauty of art is in the eye of the beholder and being a true artist no matter what form of expression or materials you use.



## THE "WHERE" AND "WHAT" OF OUR VOLUNTEER EVENTS & SITUATIONAL ASSESSMENTS

Stamford Museum and Nature Center-File, Mailings, Clerical work, Trail Maintenance, Sculpture Maintenance, prepare for Museum exhibit.

Greenwich Green and Clean-Keeping Greenwich clean anywhere and anytime.

Greenwich Land Trust-Mailings, Assistance in "Go Wild" event.

(4,000 envelopes in 3days)

Neighbor to Neighbor-Pick up donations at local grocery stores and bring them to the First Christ Church, hanging/folding and sorting donated clothes.



## NEW AND IMPROVED

After many discussions the people in Life Skills decided the physical environment of our program, in Glenville, needed a change. James Burt and Jared Levy chose the paint swatches and the voting began with the group. "Falling Star", "Candle Glow", and "Rafaela Cream" were the lucky winners and now our rooms are friendly and inviting for everyone to enjoy. Let's not forget the new arrangement of furniture everyone choose to make more space and create a new vibe in the program. Please come and check it out !!!



**EXCELLENT JOB GUYS!!!!**

TOGETHER WE CAN DO ANYTHING.....

